

Lynch Powerlifting Meet

Eighty-Eight lifters from 21 schools in Nebraska, South Dakota and Kansas took part in the fifth annual Lynch High School Powerlifting Championships. Although final tallies are not in, the event was expected to raise about \$1500-\$2000 for the Aicardi Syndrome Foundation. A football donated by Congressman Tom Osborn was won by Reley Williamson of Bartlett and a baseball signed by Senator Jim Bunning was won by Owen Goodenkauf of Lincoln.

Winners included:

Women's Team

1st Lincoln Lutheran	26
2nd Lynch	17

Men's Team

1st Nebraska Lutheran	36
2nd Diller/Odell	22
3rd Lincoln Lutheran	14
4th Lynch	9

Coed Team

1st Lincoln Lutheran	40
2nd Diller/Odell	33
3rd Lynch	29

Women's Weight Classes

105

- 1-Janice Anderson-Lincoln Lutheran
120-85-195-400
- 2-Megan Hampton-Burwell
120-80-190-390

114

- 1-Leah Marietta-Decatur, KS
260-145-300-705

123

- 1-Lora Marietta-Decatur, KS
235-140-250-625
- 2-Kylie Borer-Stanton
180-75-190-445
- 3-Sarah Berg-Lynch
150-70-205-425
- 4-Kristen Inderlied-Diller/Odell
95-70-180-345
- 5-Deseree Johnston-Orchard
85-65-170-320

132

- 1-Brittnei Kallemeyn-Lincoln Lutheran
200-105-220-525
- 2-Rachel Probst-Diller/Odell
130-90-220-440
- 3-Bridgett Jones-Diller Odell
125-70-190-385
- 4-Nicole Heibel-Lincoln Lutheran
135-75-175-385

148

- 1-Malinda Boes-Ewing
135-75-215-425

165

- 1-Jenae Jindra-Clarkson
285-145-330-760
- 2-Toria Eisenbarth-Burwell
165-120-260-545
- 3-Emily Roelfs-Diller/Odell
95-90-180-365
- 4-Mikela Bishop-Lynch
95-80-165-340

181

- 1-Hope Black-Yankton, SD
215-110-225-550
- 2-Angela Hlavaty-Lincoln Lutheran
130-105-235-470
- 3-Donna Witt-Lynch
105-75-190-370
- 4-Kylie Johnston-Lynch
55-70-170-295

198

- 1-Amanda Brockmann-Lynch
180-90-265-535
- 2-Allison Mattox-Nebraska Lutheran
120-95-230-445

198+

- 1-Tamara Walter-Crofton
300-135-295-730

- 2-Autumn Shamburg-Lincoln Lutheran
165-95-240-500
- 3-Dina Redwing-Niobrara
145-125-210-480
- 4-Jessica King-Nebraska Lutheran
90-110-205-405

Men's Weight Classes

114

- 1-Nick Jindra-Clarkson
165-75-225-465
- 2-Dustin Maw-Central City
85-55-125-265

123

- 1-Luke Schultz-Lincoln Lutheran
200-135-285-620
- 2-Colon Fury-Nebraska Lutheran
150-135-250-435
- 3-Clint Brockmann-Lynch
95-100-205-400

132

- 1-Nate Beren-Diller Odell
230-165-270-665

148

- 1-Mike Werner-Boone Central
340-220-400-960
- 2-Ben Dux-Lincoln Lutheran
300-165-335-800
- 3-Cory Maw-Lynch
225-180-315-720
- 4-Derek Boekman-Wynot
235-180-295-710
- 5-Adam Anson-Ewing
190-195-320-705
- Clayton Spilker-Diller/Odell
205-150-350-705
- Josh Codr-Lincoln Lutheran
240-135-275-650
- Pat Hybl-Lincoln Lutheran
190-115-260-565
- Matthew Bliemeister-Lincoln Lutheran
200-110-225-535

Nick Streblow-Humphrey
160-100-240-500

165

1-Rick Prusa-Clarkson
310-200-320-830
2-Matt Coleman-Decatur, KS
270-190-340-800
3-Trevor Stokes-Boone Central
270-165-335-770
4-Chris Studey-Lynch
235-135-375-745
5-Colby Carson-Lynch
230-140-375-745
Chris Atkins-Lincoln Lutheran
210-140-335-685
Micah Buscher-Lincoln Lutheran
205-115-260-580

181

1-Trenton Weichel-Nebraska Lutheran
450-225-495-1170
2-Cobey Daily-Grand Island Central Catholic
330-245-475-1050
3-Ben Schroder-Nebraska Lutheran
235-165-250-650
4-Dan Robbins-Diller Odell
165-140-260
5-Caleb Bergmeier-Nebraska Lutheran
180-110-225-515
Wacey Carson-Lynch
175-95-240-510

198

1-Brent Knust-Boone Central
415-295-460-1170
2-Dustin Hanson-Grand Island Central Catholic
315-250-450-1015

3- Kyle Mosel-Orchard
315-230-405-950
4- Buddy Goodenkauf-Lincoln Lutheran
265-235-365-865
5-Riley Williamson-Wheeler Central
270-180-395-845
Joey Riggert-Diller/Odell
275-145-360-780
Jace Bures-Diller/Odell
210-125-300-635

220

1-Brian Hodges-Nebraska Lutheran
355-240-405-1000
2-Zach Houdak-Stanton
320-205-425-950
3-Ryan Hagemann-Boone Central
330-215-390-935
4-Matther Harre-Diller/Odell
320-235-380-935
5-Steve Bures-Diller/Odell
260-200-370-830
Dustin Shoff-Diller/Odell
250-165-365-780
Brice King-Lynch
215-140-305-660

242

1-Josh Hanson-Nebraska Lutheran
375-200-450-1025
2-Jeffrey Hart-Omaha Central
340-260-400-1000
3-BJ Stein-Diller/Odell
310-210-445-965
4-Colton Hackler-Diller/Odell
270-185-425-880

275

1-Jordon Henrichs-Nebraska Lutheran
410-255-500-1165
2-Kurtis Einspahr-Wheeler Central
340-235-425-1000

275+

1-DC Walters-Crofton
400-215-405-1020

2-Devin Garcia-Diller/Odell
275-165-365-805

Aicardi Big Bench Challenge

Women's Weight Classes

105

1-Megan Hampton-Burwell-80

114

1-Leah Marietta-Decatur, KS-145

123

1-Lora Marietta-Decatur, KS-140
2-Kristen Inderlied-Diller/Odell-70

132

1-Rachel Probst-Diller/Odell-90
2-Bridgett Jones-Diller Odell-70

165

1-Toria Eisenbarth-Burwell-120
2-Emily Roelfs-Diller/Odell-90

181

1-Hope Black-Yankton, SD-110

198

1-Amanda Brockmann-Lynch-90

198+

1-Tamara Walter-Crofton-135
2-Dina Redwing-Niobrara-125
3-Jeannie Napier-Ewing-110

Men's Weight Classes

114

1-Cory Svanda-Bon Homme, SD-125

123

1-Luke Schultz-Lincoln Lutheran-135
2-Clint Brockmann-Lynch-100

132

1-Nate Beren-Diller Odell-165

148

1-Mike Werner-Boone Central-220
2-Adam Anson-Ewing-195
3-Cory Maw-Lynch-180 (Third by body weight)
Derek Boekman-Wynot-180
Kevin Proctor-Niobrara-170
Clayton Spilker-Diller/Odell-150
Nick Streblov-Humphrey-100

165

1-Mike Peterson-Nebraska Lutheran-250
2-Tim Souhrada-Bon Homme, SD-205
3-Matt Coleman-Decatur, KS-190
Trevor Stokes-Boone Central-165

181

1-Cobey Daily-Grand Island Central Catholic-245
2-Kenny Bass-Bon Homme, SD-185
3-Dan Robbins-Diller Odell-140

198

1-Brent Knust-Boone Central-295
2-Dustin Hanson-Grand Island Central Catholic-250
3- Buddy Goodenkauf-Lincoln Lutheran-235
Riley Williamson-Wheeler Central-180
Joey Riggert-Diller/Odell-145
Jace Bures-Diller/Odell-125

220

1-Matther Harre-Diller/Odell-235
2-Ryan Hagemann-Boone Central-215
3-Steve Bures-Diller/Odell-200
Dustin Shoff-Diller/Odell-165

242

1-Jeffrey Hart-Omaha Central-260
2-BJ Stein-Diller/Odell-210
3-Colton Hackler-Diller/Odell-185
Adam Hanzlik-Niobrara-170

275

- 1-Jordon Henrichs-Nebraska Lutheran-255
- 2-Kurtis Einspahr-Wheeler Central-235

275+

- 1-DC Walters-Crofton-215
- 2-Devin Garcia-Diller/Odell-165

Sponsors of this year's meet included Mr. G's, Niobrara Valley Hospital, Three River Telco, Nebraska State Bank, Moody Motor Company, Susan Wakefield-State Farm Insurance, Jolly 17 4-H Club, Special T's and More, M & M Lockers as well as a number of individual donations.